Welcome to the first edition of the Providence Progress!

Why are we starting this newsletter now? Just like people, organizations have a life-cycle and the leadership team felt like it was time in the PSCS life-cycle to focus on improving our communication across PSCS with all of our colleagues. We believe that keeping everyone up to date on what’s happening within PSCS will help them spread the word about our organization to everyone they know. PSCS is doing great things. It’s important for everyone to know about them!

Where to begin?
Let’s start with the name. PSCS is an acronym for Providence Senior and Community Services, an operating division of the Washington/Montana Region within Providence Health & Services. PSCS is comprised of multiple operating entities both owned and managed, organized by distinct service lines that represent our core ministries.

The Service Lines of PSCS are:

- Skilled Nursing / Assisted Living
- Home Health / Hospice
- Home Infusion / Pharmacy
- PACE (Program of All-Inclusive Care for the Elderly)
- Housing

On a daily basis, the 1,920 PSCS employees touch more than 5,000 lives across Western Washington, Portland, Ore., and Oakland, Calif. Our service lines and operating entities are managed and operated locally and benefit from working together to grow our market presence.

The ministries that comprise PSCS are:
- Providence ElderPlace: a PACE program located in Seattle
- Heritage House at the Market: a free-standing adult day health facility in Seattle
- 12 subsidized low-income homes for seniors located in WA, OR, and CA
- Providence Hospice of Seattle: serving hospice patients in King County
- Providence Infusion and Pharmacy Services: located in Seattle but moving soon to Renton
- Providence Mount St. Vincent: a free-standing skilled nursing and rehabilitative facility in Issaquah
- Providence Mother Joseph Care Center: a skilled nursing facility located in Olympia on the campus of Providence St. Peter Hospital
- Providence Mount St. Vincent: a skilled nursing facility located in West Seattle that also offers assisted living, adult day health, adult family home care and an intergenerational child learning center
- Washcom Community Care Center: a PSCS managed home on Vashon Island offering services in local neighborhood

“This welcome continues on page 2...”

One tree sells for $50,000!!!

The event capped a successful fundraising year for Providence Senior and Community Services. “What really pleased me the most was when people shared their stories close to the event because they are true supporters, who really understand the mission and believe in it,” said event chairwoman Laura Oberto. “People attend because they believe in the mission of the event and we are aware of how well we use the money that we raise.”
**Current Events CALENDAR**

• Providence Marianwood Spring Celebration Luncheon
  Monday, May 3, 2007 - 11:30 to 1:50
  Snoqualmie Ridge Golf Club, Snoqualmie, Wash.
  For more information contact Cindy Shank at 425-391-2895 or cindyshank@providence.org

• Providence Hospice of Seattle 2007 Volunteer Training
  Location: Moss Foyer, 3405 24th St. NW, Seattle
  An Orientation Interview and completion of a supplied application are necessary for acceptance into the training process. Call the Volunteer Hotline at 206-527-7349 for more information.

• Providence Mount St. Vincent Black Tie Bingo
  Saturday, April 21, 2007 - 6-10 pm
  Rainier Golf & Country Club, South Seattle
  For more information, contact Christina Jabbusch at Christina.jabbusch@providence.org or (206) 938-6242

• Providence Mount St. Vincent Antiques Roadshow
  A free event to be held in Spring 2007
  Providence Mount St. Vincent
  2nd floor resident’s lounge. For
  more information contact Christina Jabbusch at Christina.jabbusch@providence.org or (206) 938-6242

**IN THE NEWS**

**ElderPlace Referral Bonus Program**

ElderPlace will pay a $100 bonus to employees who refer potential participants who are accepted into its program. For more details, please call ElderPlace at 206-320-1324.

**Welcome**

...continued from page 1...

skilled nursing, assisted living and adult day health

• Providence Home Services: A home health and private duty care program located in Bellevue

In the future, we look forward to seeing a growing Providence Hospice and Home Care of Snohomish County, located in Everett and Providence Seamless Care, located in Olympia as PSCS ministries. We are diligently working (under the sponsorship of our system and regional leaders) on unifying our hospice and home health ministries in Western Washington.

Our goal for this newsletter is to introduce you to our programs, our participants and the excellent services we provide to the community to help you communicate our mission to everyone you know.

I want to personally thank you for all that you do to fulfill our mission and inspire our vision.

Robert Hettinger, Chief Executive, PSCS

**Who We Are**

Things Employees are Doing Now!

The devastating snow and winter storms brought out the best of PSCS employees. When the snow stomped early in November, Jana Braumaha, the Mount’s Director of Adult Services, was recognized for her leadership.

To the Northwest Coordinator Linda Fitch, set up a command center and coordinated efforts to provide transportation for all essential staff to ensure that residents were well cared for. Jana and Linda stayed at the Mount 24 hours a day to monitor the weather and maintain a normal rhythm. The “Snow Team” drove individuals home and brought in nourishment.

Several Providence ElderPlace workers stepped up to care for residents during the December blizzard. Susan Prosper and Rosemary Maloney made changes for both the community and residents to feel secure. They coordinated that employees team up at night because the buildings were dark and it was frightening alone. Employees could only use the stairways because the elevators were broken. Then on Dec. 17, Carol Wanga moved to the Westward apartments to help explain to participants why their rooms had been cleared out. She later went grocery shopping to buy emergency supplies to ensure that participants had a hot meal when the power came on. Additionally, Balraj Gill helped a participant in Renton, then offered her own apartment to a resident. They were in the dark. Every worker that staffed the housing units became a hero because each worked under unusual circumstances.

Arlene Carter, Assistant Director of Aminuty and Public Relations for the Providence Mount St. Vincent Foundation, continues to receive training from the American Red Cross and will be assigned to a Disaster Response Team to respond to fires and other emergency operations in King County after hours and on weekends. In this fall, she filled in on a work with Hurricane Katrina victims in the South after that natural disaster.

Several Providence ElderPlace geriatricians, Dr. Assad Karimzi is on the board of directors of Befalit and Edwards for Afghan Children (REACH), a non-profit organization.

**Providence ElderPlace**

A One-Stop Shop for Aging in Place

By Susan Christ, MSt, MHA, Providence ElderPlace

**THE PACE PROGRAM:**

Imagine an elderly person, who otherwise would be in a nursing home, can get all the medical care, activities and social services they need at a low price.

They can live in their own home and have the services necessary to continue to live independently. That place is Providence ElderPlace, an innovative, comprehensive program of health care and social services for older adults that is one of 40 PACE (Programs of All Inclusive Care for the Elderly) programs across the country.

**PROVIDENCE ELDERPLACE:**

The First PACE Program in Washington

The first PACE program began at St Luk Senior Health Services in San Francisco’s Chinatown as a way to keep elderly seniors in their homes and out of a nursing home. Based on the success in San Francisco, the program has spread throughout the country. Providence ElderPlace, located in Seattle’s Rainier Valley, is in the first program of its kind in Washington State and serves as a national model for allowing older adults to stay in their own homes while getting the services they need in the community.

**PACE Programming:**

PACE programs provide extensive preventive health and social services, including primary and specialty medical care, transportation, a day health program, social work services, nursing services, rehabilitation services, personal care services, housing, meals, medication, and much more.

Participants who live in the Seattle area can choose a team of 30 providers and its affiliates to offer comprehensive, integrated care.

One of the best parts about the program is that it is so comprehensive that it often stops formerly severely lifestyle threatening ones,” says Ellen Garcia, Executive Director of Providence ElderPlace. For example, if a van driver who picks up a pedestrian in a hurry, and sees he is walking with a limp, will notify a nurse or doctor at the ElderPlace center, who will examine the man. If the driver determines it is a fall- and subsequent complications- in the future. An interdisciplinary team of clinical and social work professionals assess each participant’s well-being each week to make sure each is as healthy as possible.

In addition, ElderPlace serves as an individual’s Medicare Part D drug plan, providing all over-the-counter and prescription medications that an individual’s physician has prescribed.

“I believe this truly is a lifestyle saving plan,” says Garcia. “We provide the healthcare and social work services necessary for people to continue to live at home while receiving the care they need to maintain their quality of life.”

**Eligibility:**

ElderPlace serves people 55 and older from diverse ethnic and socioeconomic backgrounds. The majority of ElderPlace’s participants are on Medicaid assistance, although services can also be paid for privately. Participants must qualify for nursing home level of care and have a terminal illness.

**ElderPlace Referral Bonus Program**

ElderPlace will pay a $100 bonus to employees who refer potential participants who are accepted into its program. For more details, please call ElderPlace at 206-320-1324.